

Benson Outdoor Swimming Pool

POOL RULES

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- Shower before entering pool
- Anyone with an infectious or communicable disease may not enter the pool
- Swimming suits required [NO thongs allowed]
- Obey the lifeguards and pool staff
- NO diving from any side of the pool
- NO gum in pool area
- Appropriate behavior at all times
- NO: smoking, running, pushing, shoving, spitting, swearing, harassing, dunking or splashing
- NO sitting on shoulders
- NO snapping towels
- Non-swimmers are restricted to the shallow end of the pool unless accompanied by an adult
- NO playing or loitering in dressing rooms or taking extended showers
- NO hanging on ropes
- NO food, drink or coolers may be brought in
- Concessions must be eaten in concession area
- NO pets or animals are allowed
- Phone is available for emergency calls only
- The following items are not allowed during open swim: Masks, Fins, Noodles, Tubes, Water Wings or Other Float Assisted Devices
- Concerns or complaints must be made to the manager on duty
- NO rough-housing in the pool
- Use basketballs only when shooting
- NO shooting basketballs off pool sides
- NO hanging from the basketball rim
- NO Dodge ball
- NO float-on devices
- NO swinging or hanging on ladders
- NO jumping between pools - plunge pool/lap pool

ZERO DEPTH POOL RULES

- Children NOT toilet trained **MUST** wear Little Swimmer, No disposal diapers allowed
- Children 5 years and younger **MUST** be supervised at all times [A maximum of five children per supervisor]
- Children **MUST WALK**
- **DO NOT** play near ropes

DIVING RULES

- To dive off the board, swimmers must be able to swim the length of the pool or tread water for one minute
- Divers must wait on cement
- Only one diver at a time
- Divers may bounce once on the board
- Diving shall be limited to a forward motion from the board
- Divers shall swim to the nearest ladder to leave the pool
- Swimming under the board or hanging from the board is prohibited

FLUME SLIDE RULES

- You **MUST** be at least 48" tall to use flume slide and be able to swim in 3'6" of water
- NO zippers or rivets allowed on swimsuits
- NO: Jewelry, life jackets, face masks or other equipment can be worn on slide
- Swimmers must wait on the top step until lifeguard gives OK to proceed
- Previous slider must be on steps or ladder before entering slide
- One person at a time on the slide
- Sliders **MUST** lie on back with legs and hands crossed
- **KEEP YOUR HANDS INSIDE THE FLUME**
- **NO HEAD FIRST OR SITTING IS ALLOWED**
- Upon surfacing you must swim to the nearest ladder and leave pool
- NO swimming or loitering in the water slide splash-down area
- NO standing, kneeling, rotating, tumbling, or stopping on the flume
- NO walking up the slide
- NO going head first/stomach down the slide
- NO foreign objects down the slide [balls, dive sticks, etc.]
- NO stopping on the slide

OPEN SWIM HOURS

1:00 - 8:00 pm [M, W, F, Sat]

1:00 - 6:00 pm [T, Th, Sun]

PM Lap Swim: 5:00 - 6:00 pm [T, Th]

Family Nights: 6:00 - 8:00 pm [T, Th, Sun]